



The Vermont Board of Medical Practice worked with the Boards of Osteopathic Medicine, Pharmacy, and Nursing to issue a joint statement that advises medical professionals and the public about the laws and regulations that apply to the administration of intravenous therapies. The statement was approved by the Board at a meeting held on June 5, 2024.

The Boards were prompted to issue the statement upon learning about instances in Vermont where individuals were receiving IVs without a proper prescription or order from a licensed professional with authority to do so. In addition, the IV preparations were compounded drugs and they were being compounded by individuals lacking authority to compound. These events were occurring outside of any setting where patients typically receive IV therapies, such as hospitals, other licensed facilities, or in the care of a paramedic in an emergency. Also, the sale of the IV therapy to the customer takes place without any legitimate medical purpose.

It is important for medical professionals to understand the legal standards applicable to IV therapies. Being familiar with the standards will help physicians, physician assistants, nurses, and pharmacists avoid unprofessional conduct, and at the same time help to prevent harm to the customers of these “IV clinics” and “medical spas.”